Welcome
To
Naval Aviation Schools Command
Aviation Pre-Flight Indoctrination (API)

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- **6-Week Course**
- Aerodynamics
- Aviation Weather
- Engines
- Navigation
- Flight Rules and Regulation
- Aviation Physiology
- Land Survival
- Water Survival
- Physical Fitness

Academics

- Aerodynamics - 21 hrs
- Aviation Weather - 14 hrs
- Engines and Systems - 13 hrs
- Air Navigation - 17 hrs
- Flight Rules and Regulations - 7 hrs

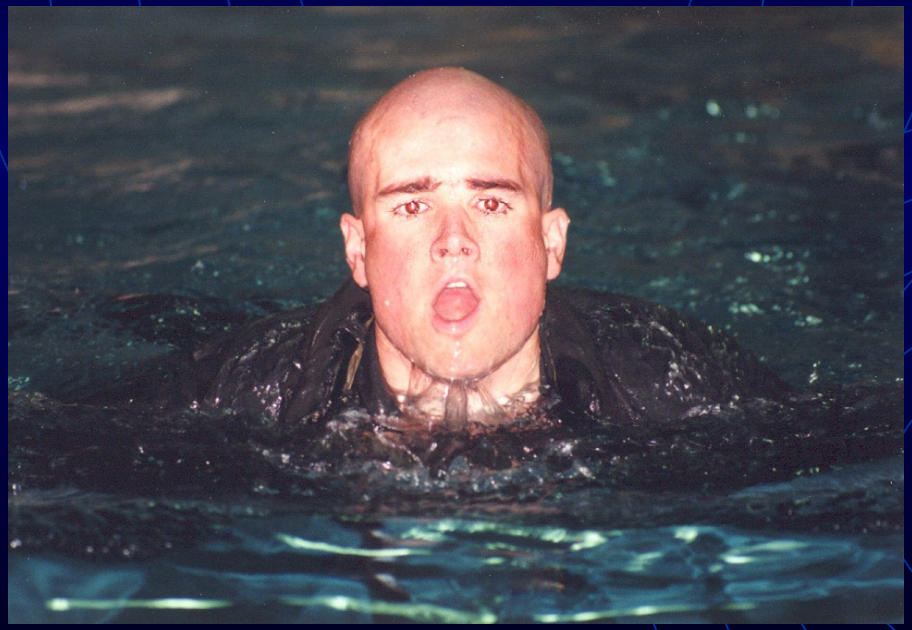
Our Students

- Naval Pilots
- Naval Flight Officers
- Marine Corps
- Air Force
- Coast Guard
- Flight Surgeons
- International

Classroom / Training Pool

API Survival Training

Aviation Water Survival



- **<u>API</u>**
  -20 hours over 4 wks
  -Swim Qualifications
  -PFA
  -Weight Training
  -CPR/First Aid
  -Lectures: Nutrition, Sports Medicine and Land Survival

Physical Readiness

- Test for endurance during high risk training
- Higher minimum standard than the Fleet
- Must meet minimum standard of 12 min for 1.5 mile run
- Push-ups and sit-ups

The Future…